

Walk, Bus, Bike: Routes to a Better Society

The solution is societal not technological
Car ownership should be a luxury not a necessity

Using our cars less by choosing other alternatives:

- Improves the environment, personal and public health;
- Saves money; and,
- Enhances the overall quality of our lives

What each of us does matters. Small changes add up!!

Walkable Communities

- The structure of our communities is critical to societal solutions
- Public spaces and social exchanges make communities work
- Higher density and mixed zoning laws improve proximity to day to day needs
- Stroll to a café or restaurant and enjoy the journey as well as the destination!

Transit:

- Is a cornerstone of walkable communities
- Improves the ability to adapt to high gasoline prices;
- Better prepares us for a fuel shortage/crisis
- Riding transit can be "value added time!" Read, accomplish work, daydream, relax...

Using Your Bicycle Every Day

- Calorie for calorie, the bicycle is the MOST efficient vehicle we have!
- Riding a bike improves your health, the environment and saves money
- By riding a bicycle you are not polluting and you are reducing traffic congestion

**Advocacy: Make your voice heard! Work with like-minded people for change.
Tell your local officials what is important and why!!**



Photo by Dan Burden www.columbusrr.com

Simply Living's Alternative Transportation Project
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to schedule this presentation:

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Community Resources

Key Local/State Organizations & Agencies:

- Simply Living
www.simplyliving.org (614) 447-0296
- Mid-Ohio Regional Planning Commission
www.morpc.org (614) 228-2663
- Ohio Department of Transportation (ODOT)
www.dot.state.oh.us (614) 466-7170
- Consider Biking www.considerbiking.org
- All Aboard Ohio www.allaboarohio.org
- Ohio Department Of Transportation Bicycling
www.dot.state.oh.us/bike/
- Ohio Hub Plan www.dot.state.oh.us/ohiorail/Ohio%20Hub/Website/ordc/index.html
- 1000 Friends of Central Ohio
www.1000friendsofcentralohio.org

Local Public Transportation Systems:

- Central Ohio Transit Authority (COTA)
www.cota.com (614) 228-1776
- Campus Area Bus Service (CABS)
www.tp.ohio-state.edu/CABS/

Other Resources:

- Columbus Outdoor Pursuits (COP)
www.outdoor-pursuits.org
- Dan Burden's Walkable Communities:
www.walkable.org
- KenKifer.com - www.kenkifer.com/bikepages
- League of American Bicyclists (LAB) -
www.bikeleague.org

Bicycle Shops:

- Restoration Bicycle
www.restorationbicycle.com
- Third Hand Bicycles
www.thirdhand.org

TAKE ACTION

Get a COTA pass at:

- COTA office (downtown on East Broad)
- Kroger & Giant Eagle stores
- Doctors West, Grant & Riverside hospitals
- Columbus Check Cashers
- Go to www.cota.com for more information

Request Ohio bike information:

Get a packet of information about biking from the Ohio Department of Transportation
www.dot.state.oh.us/bike/brochurerequest.htm

Take a bike class:

- Chris Luers, Restoration Bicycle
chris@restorationbicycle.com (614) 937-7616
- Gordon Renkes: League of American Bicyclists
Certified: gdr1950@sbcglobal.net 614-263-3026

Books

The Art of Urban Cycling: Lessons from the Street
– Robert Hurst, Marla Streb

The Art of Cycling: A Guide to Bicycling in 21st-Century America - Robert Hurst, Marla Streb

The Bicycling Guide to Complete Bicycle Maintenance & Repair – Todd Downs

Divorce Your Car! : Ending the Love Affair with the Automobile - Katie Alvord

Effective Cycling: 6th Edition - John Forester

The Essential Bicycle Commuter - Trudy E. Bell

Metal Cowboy – Joe Kurmanskie

Reclaiming our Cities & Towns: Better Living with Less Traffic - David Engwicht

Urban Sprawl and Public Health - Howard Frumkin, Lawrence Frank and Richard Jackson